



PHILIPPINE CONSULATE GENERAL
CALGARY

ADVISORY No. 3

on the Smoke from the Wildfires in Alberta

The Filipino community in Alberta is advised to take note of the following statement issued by the Government of Canada today, 31 May 2019:

Smoke from wildfires in northern Alberta is causing poor air quality and reducing visibility over much of the province this morning.

For central and southern regions, the thickest smoke is expected to move northwestwards today as the flow continues to shift to southeasterly. However, conditions may remain hazy into the weekend.

Individuals may experience symptoms such as increased coughing, throat irritation, headaches or shortness of breath. Children, seniors, and those with cardiovascular or lung disease, such as asthma, are especially at risk.

People with lung diseases, such as asthma and COPD, can be particularly sensitive to air pollution. They will generally experience more serious health effects at lower levels. Pollution can aggravate their diseases, leading to increased medication use, doctor and emergency room visits, and hospital visits.

Stay inside if you have breathing difficulties. Find an indoor place that's cool and ventilated. Using an air conditioner that cools and filters air may help. If you open the windows you may let in more polluted air. If your home isn't air-conditioned, consider going to a public place (library, shopping mall, recreation centre) that is air-conditioned.

Today, the cities of Calgary, Airdrie, Grand Prairie, and Red Deer registered an Air Quality Health Index of 10+ (Very High Risk).

For more information, please visit the websites of the Government of Canada at https://weather.gc.ca/warnings/index_e.html?prov=ab and of the Alberta Health Services at www.albertahealthservices.ca/news/air.aspx.

