



Philippine Consulate General, Calgary

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ADVISORY

2019 NOVEL CORONAVIRUS (2019-nCov) SITUATION IN ALBERTA AND SASKATCHEWAN

Filipino nationals in the Provinces of Alberta and Saskatchewan in Canada may get updates about the situation on novel coronavirus from these sites:

- <https://www.alberta.ca/coronavirus-info-for-albertans.aspx>
- <https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus>

Those who have questions or concerns about their health are advised to contact their primary health provider. In Alberta, they can also call Health Link 811.

To avoid getting sick, Filipino citizens are encouraged to observe the following¹:

- Practice proper cough and sneezing etiquette (into the bend of your elbow);
- Wash your hands often with soap and water; if soap and water are not available, use an alcohol-based hand sanitizer;
- Avoid touching your eyes, nose and mouth with unwashed hands;
- Maintain safe food practices; and
- Avoid close contact with people who are sick.

6 February 2020



¹ <https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus>